

# Child and Adult Care Food Program Menu Record

Week of: December 10 – 14, 2018

	Monday 12/10	Tuesday 12/11	Wednesday 12/12	Thursday 12/13	Friday 12/14
<b>Breakfast</b> Milk Fruit, vegetable, or 100% juice, bread, cereal or bread alternate	Pancakes Applesauce Milk	Oatmeal Strawberries Milk	Breakfast Bites Mandarin Oranges Milk	Eggs WG English Muffin Milk	Corn Flakes Fruit Cocktail Milk
<b>Lunch</b> Milk Meat or Meat alternate Fruit and/or vegetable (at least two) Bread or bread alternate	Sloppy Joe on WG Bun Mixed Vegetables Tropical Fruit Milk	Chicken Breast WG Brown Rice Pineapple Green Beans Milk	Beef Lasagna with WG Pasta Peas Milk	Chicken Stew Biscuit Carrots Pear Milk	Turkey Dog Vegetable Chili WG Bun Corn Mandarin Oranges Milk
<b>PM Snack</b> <i>including Ranger wrap-around care</i> Any 2 of the following components: Milk Fruit, vegetable, or 100% juice, bread, cereal, or bread alternate, meat or meat alternate	Trail Mix Milk	Animal Crackers Milk	Banana Milk	Cheese Crackers Apple Juice	Yogurt Saltines Water
<b>AM/PM 4K, Preschool &amp; Ranger AM Snack</b> Any 2 of the following components: Milk Fruit, vegetable, or 100% juice, bread, cereal, or bread alternate, meat or meat alternate	Crisp Rice Milk	Cottage Cheese Peaches Milk	String Cheese Apple Juice	Apples Milk	Wheat Thins Milk

**Menu Subject To Change**

**Items in ( ) are served to children in the Rock N Roller, Creeper, & Scooter rooms.**

**Unflavored Whole (Ages: 1-2) or 1% Milk Served (Ages:2-8)**

**WG = Whole Grain**