

# Child and Adult Care Food Program Menu Record

Week of: March 30<sup>th</sup>- April 4<sup>th</sup>, 2020

|  | <b>Monday<br/>3/30</b>  | <b>Tuesday<br/>3/31</b>   | <b>Wednesday<br/>4/1</b>                                     | <b>Thursday<br/>4/2</b>  | <b>Friday<br/>4/3</b>   |
|--|---|---|--|--|---|
| <b>Breakfast</b><br>Milk<br>Fruit, vegetable, or 100% juice, bread, cereal or bread alternate  | Chef Choice Waffle,<br>Pancake, French Toast<br>Apple Slices<br>(Apple Sauce)<br>Milk | Cottage Cheese<br>Peach<br>Milk                                       | Egg & Cheese<br>Fruit Cocktail<br>Milk                       | <b>WG Raisin Bran</b><br>Banana<br>Milk  | Yogurt w/ Berries<br>& Graham Cracker<br>Milk   |
| <b>Lunch</b><br>Milk<br>Meat or Meat alternate<br>Fruit and/or vegetable (at least two)<br>Bread or bread alternate  | Chicken Teriyaki<br>Stir Fry Vegetables<br>Mango<br><b>WG Brown Rice Rice</b><br>Milk | Mini Sausage Pizza<br>On Bun<br>Green Beans<br>Tropical Fruit<br>Milk | <b>WG Chicken Nugget</b><br>Mashed Potatoes<br>Pears<br>Milk | Cream of Cauliflower Soup<br>w/ Diced Ham, Celery,<br>Carrot, and Cauliflower<br>Breadstick<br>Pineapple<br>Milk | Fish Sandwich w/ Cheese<br><b>WG Bun</b><br>Tartar Sauce<br>Packer Salad<br>Orange Slices<br>(Mandarin Oranges)<br>Milk |
| <b>PM Snack</b><br><i>including Ranger wrap-around care</i><br>Any 2 of the following components: Milk<br>Fruit, vegetable, or 100% juice, bread, cereal, or bread alternate, meat or meat alternate | Soft Pretzel<br>Nacho Cheese<br>Milk  | <b>WG Graham Cracker</b><br>Milk                                      | Summer Sausage<br>(String Cheese)<br>Buttery Rounds<br>Water | Cheezit Crackers<br>Milk   | Assorted Muffin<br>Apple Juice  |
| <b>AM/PM 4K, Preschool &amp; Ranger AM Snack</b><br>Any 2 of the following components: Milk<br>Fruit, vegetable, or 100% juice, bread, cereal, or bread alternate, meat or meat alternate            | No 4K or Preschool  | No 4K or Preschool  | No 4K or Preschool   | No 4K or Preschool   | No 4K or Preschool  |
| <b>5:30 Snack</b>  | Graham Cracker & Milk   | Saltine Cracker & Milk  | Goldfish Cracker & Milk                                      | Ritz Cracker & Milk  | Pretzel & Milk  |

**Menu Subject To Change**

**Items in ( ) are served to children in the Rock N Roller, Creeper, & Scooter rooms.**

**Unflavored Whole (Age: 1) or 1% Milk Served (Ages:2-8)**

**WG = Whole Grain**