

Child and Adult Care Food Program Menu Record

Week of: January 4-8, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk Fruit, vegetable, or 100% juice, bread, cereal or bread alternate	WG Oatmeal Apples and Cinnamon Milk	Pancakes Mango Strawberry Salsa Milk	Rice Chex Applesauce Milk	Eggs & Cheese Pears Milk	Corn Puff Banana Milk
Lunch Milk Meat or Meat alternate Fruit and/or vegetable (at least two) Bread or bread alternate	Carved Ham Bread and Butter Green Beans Pineapple Milk	Cheesy Baked Ziti WG Penne w/ Beef and Marinara Apple Slices (Applesauce) Broccoli Milk	Baked Chicken with Gravy and Stuffing Mixed Vegetables Mandarin Oranges Milk	WG Corn Dog Bite (Chicken) Peach Cauliflower Milk	Tuna Casserole Hot Dish Tuna & Cheddar Cheese WG Egg Noodles Peas Orange Slices (Mandarin Oranges) Milk
PM Snack <i>including Ranger wrap-around care</i> Any 2 of the following components: Milk Fruit, vegetable, or 100% juice, bread, cereal, or bread alternate, meat or meat alternate	Baby Carrots w/ Ranch (Cooked Carrots) Milk	Pretzels w/ Taco Dip (Graham Crackers) Milk	WG Woven Wheat Cracker American Cheese (Cheese Sandwich on WG Bread) Water	Cheezit Cracker Milk	Gardetto's (Goldfish Crackers and Milk) Apple Juice
AM/PM 4K, Preschool & Ranger AM Snack Any 2 of the following components: Milk Fruit, vegetable, or 100% juice, bread, cereal, or bread alternate, meat or meat alternate	Baby Carrots w/ Ranch Milk	Pretzels w/ Taco Dip Milk	WG Woven Wheat Cracker American Cheese Water	Cheezit Cracker Milk	Gardetto's Apple Juice
PM Snack II	Graham Cracker Milk	Saltines Milk	Goldfish Milk	Butter Cracker Milk	Pretzel Milk

Menu Subject To Change

Items in () are served to children in the Rock N Roller, Creeper, & Scooter rooms.

Unflavored Whole (Age: 1) or 1% Milk Served (Ages:2-8)

WG = Whole Grain