

Child and Adult Care Food Program Menu Record

Week of: January 11-16, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk Fruit, vegetable, or 100% juice, bread, cereal or bread alternate	English Muffin w/ Sun Butter & Jelly Pears Milk	Scrambled Eggs Apple Slices (Applesauce) Milk	WG Assorted Muffins Mandarin Oranges Milk	Waffles/Pancakes Peaches Milk	Corn Flake Banana Milk
Lunch Milk Meat or Meat alternate Fruit and/or vegetable (at least two) Bread or bread alternate	Hamburger Bun Fresh Sweet Potato Fries Fruit Cocktail Milk	Chicken Alfredo w/ Spaghetti (Elbow Mac) Broccoli Mangos Milk	Meatloaf Green Beans Mashed Potatoes Bread and Butter Applesauce Milk	Cream of Potato Soup Hot Ham & Cheese in Tortilla (Diced Carrots) Pineapple Milk	Beef & Vegetable Stew WG Buttered Bread Orange Slices (Mandarin Oranges) Milk
PM Snack Any 2 of the following components: Milk Fruit, vegetable, or 100% juice, bread, cereal, or bread alternate, meat or meat alternate	Banana Milk	WG Wheat Thins (WG Toasted Oat's) Apple Juice (Milk)	Bean & Cheese Dip WG Tortilla Chip (Oyster Crackers) Milk	WG Goldfish Milk	WG Soft Pretzel w/ Cheese Dip Milk
Preschool Any 2 of the following components: Milk Fruit, vegetable, or 100% juice, bread, cereal, or bread alternate, meat or meat alternate	Banana Milk	Banana Milk	Bagel Milk	Bagel Milk	Pretzels Milk
5:30 Snack	Graham Cracker Milk	Saltines Milk	Goldfish Milk	Butter Cracker Milk	Pretzel Milk

Menu Subject To Change

Items in () are served to children in the Rock N Roller, Creeper, & Scooter rooms.

Unflavored Whole (Age: 1) or 1% Milk Served (Ages:2-8)

WG = Whole Grain