

Child and Adult Care Food Program Menu Record

Week of: April 19-23, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk Fruit, vegetable, or 100% juice, bread, cereal or bread alternate	Corn Flakes Pears Milk	Scrambled Eggs Peaches Milk	Pancakes Cooked Apple Slices Milk	Yogurt w/ Blueberries WG Graham Cracker (WG Toasted Oat) Milk	WG Toasted Oat Banana Milk
Lunch Milk Meat or Meat alternate Fruit and/or vegetable (at least two) Bread or bread alternate	Chicken Teriyaki Peas, Carrots, & Broccoli Mandarin Oranges White Rice Milk	Fish Sandwich w/ cheese on a bun Packer Salad Orange Slices (Mandarin Oranges) Milk	WG Chicken Nugget Mashed Potatoes Carrots Fruit Cocktail Milk	Sliced Ham Mashed Sweet Potatoes Bread & Butter Pineapple Milk	Meatballs & Gravy Green Beans Egg Noodles Tropical Fruit Milk
PM Snack <i>including Ranger wrap-around care</i> Any 2 of the following components: Milk Fruit, vegetable, or 100% juice, bread, cereal, or bread alternate, meat or meat alternate	WG Soft Pretzel Nacho Cheese Milk	WG Goldfish Milk	Cantaloupe (Butter Rounds) Milk	Animal Cracker Funfetti Dip Milk	Cheezit Crackers Apple Juice
Preschool Any 2 of the following components: Milk Fruit, vegetable, or 100% juice, bread, cereal, or bread alternate, meat or meat alternate	WG Soft Pretzel Nacho Cheese Milk	WG Goldfish Milk	Cantaloupe Milk	Animal Cracker Funfetti Dip Milk	Cheezit Crackers Apple Juice
5:30 Snack	Graham Cracker	Saltine Cracker	Goldfish Cracker	Ritz Cracker	Pretzel

Menu Subject To Change

Items in () are served to children in the Rock N Roller, Creeper, & Scooter rooms.

Unflavored Whole (Age: 1) or 1% Milk Served (Ages:2-8)

WG = Whole Grain