

Child and Adult Care Food Program Menu Record

Week of: September 13 -17, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk Fruit, vegetable, or 100% juice, bread, cereal or bread alternate	WG Toasted Oats Peaches Milk	Sausage Patty Cooked Apple Slices (Applesauce) Milk	English Muffin w/ Butter Pears Milk	Yogurt Peaches Graham crackers milk	Cornflakes Banana Milk
Ranger Room Breakfast	WG Toasted Oats Peaches Milk	Frosted Mini Wheats Apple Slices Milk	Crisp Rice Pears Milk	Corn Puffs Peaches Milk	Cornflakes Banana Milk
Lunch Milk Meat or Meat alternate Fruit and/or vegetable (at least two) Bread or bread alternate	Spaghetti w/ Meatballs Broccoli Grapes Milk	Nachos WG Tortilla Chips Taco meat, refried beans, Shredded cheese Corn Mandarin Oranges Milk	Chicken Patty on a bun Peas Fruit Cocktail Milk	Breakfast for Lunch Scrambled Eggs w/ Ham & Cheese Waffle Strawberries Tater Rounds Milk	Hot Dog with Bun Sweet Potato Fries Tropical Fruit Milk
PM Snack Any 2 of the following components: Milk Fruit, vegetable, or 100% juice, bread, cereal, or bread alternate, meat or meat alternate	Buttery Rounds Apple Juice (Milk)	Smores Mix	WG Soft Pretzel With Cheese Dip Milk	WG Triscuits (WG Toasted Oats) Milk	WG Goldfish Crackers Milk
5:30 Snack	Pretzel Milk	Buttery Cracker Milk	Saltines Milk	Goldfish Milk	Graham Cracker Milk

Menu Subject To Change

Items in () are served to children in the Rock N Roller, Creeper, & Scooter rooms.

Unflavored Whole (Age: 1) or 1% Milk Served (Ages:2-8)

WG = Whole Grain