

Child and Adult Care Food Program Menu Record

Week of: September 20 – September 24, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk Fruit, vegetable, or 100% juice, bread, cereal or bread alternate	Crisp Rice Fruit Cocktail Milk	Pancakes Berry Mix Milk	Scrambled Eggs Applesauce Milk	WG Toast w/ butter Orange Slices (Mandarin Oranges) Milk	WG Shredded Wheat (Toasted Oats) Banana Milk
Ranger Room Breakfast	Crisp Rice Fruit Cocktail Milk	Corn Flakes Orange Slices Milk	Corn Puffs Applesauce Milk	Bran Flakes Berry Mix Milk	WG Shredded Wheat (Toasted Oats) Banana Milk
Lunch Milk Meat or Meat alternate Fruit and/or vegetable (at least two) Bread or bread alternate	Ham Slice Mashed Sweet Potatoes Pineapple WG Butter Bread Milk	Hamburger French Fries Peas Peaches Milk	Cheesy Mexican Chicken WG Brown Rice Corn Tropical Fruit Milk	Tater Tot Casserole Vegetable Blend Mangos Milk	Turkey & Cheese Sandwich Carrots with Ranch Dip (Cooked Carrots) Apple Slices (Applesauce) Milk
Preschool AM Snack PM Snack Any 2 of the following components: Milk Fruit, vegetable, or 100% juice, bread, cereal, or bread alternate, meat or meat alternate	Ranch Chex Mix Milk	WG Wheat Thins (WG Goldfish Crackers) Apple Juice (Milk)	Animal Crackers w/ yogurt dip Milk	Sun Butter Wrap on WG Tortilla (WG Tortilla & Cheese Wrap) Milk	Pretzels with Taco Dip (Saltines) Milk
5:30 Snack	Buttery Cracker Milk	Pretzel Milk	Saltines Milk	Goldfish Milk	Graham Cracker Milk

Menu Subject To Change

Items in () are served to children in the Rock N Roller, Creeper, & Scooter rooms.

Unflavored Whole (Age: 1) or 1% Milk Served (Ages:2-8)

WG = Whole Grain