

# Child and Adult Care Food Program Menu Record

Week of: April 10 – 14, 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Milk Grain or Meat alternative Fruit/Vegetable	<b>WG</b> Bran Flakes Pineapple Milk	Scrambled Eggs Orange Slices (Mandarin Oranges) Milk	Pancakes Strawberries Milk	<b>WG</b> Apple Cinnamon Muffins Peaches Milk	Cornflakes Bananas Milk
<b>Ranger Room Breakfast</b>	<b>WG</b> Bran Flakes Pineapple Milk	Corn Puffs Orange Slices	Crisp Rice Strawberries Milk	<b>WG</b> Shredded Wheat Peaches Milk	Cornflakes Bananas Milk
<b>Lunch</b> Milk Meat or Meat alternate Fruit and/or vegetable (at least two) Grain	Chicken Parmesan Casserole Cauliflower Pears Milk	Beefy Tater Tot Casserole Mixed Vegetables Fruit Cocktail <b>WG</b> Bread and Butter Milk	Cheesy Chicken Enchilada Bowl <b>WG</b> Brown Rice Corn Tropical Fruit Milk	Meatballs with Gravy Buttered Noodles Green Beans Mangos Milk	BBQ Pulled Pork on a Bun Baked Beans Applesauce Milk
<b>Preschool AM Snack</b> <b>PM Snack</b> Any 2 of the following components: Milk Fruit, vegetable, or 100% juice, grain, meat/meat alternate	Cheez-its Milk	Animal Crackers with Funfetti Dip Apple Juice	Baby Carrots with Ranch Dip (Butter Crackers) Milk	<b>WG</b> Wheat Thin Crackers ( <b>WG</b> Goldfish) Milk	<b>WG</b> Blueberry Lemon Bread Milk
<b>5:30 Snack</b>	Pretzel Milk	Buttery Cracker Milk	Saltines Milk	Graham Cracker Milk	Goldfish Milk

**Menu Subject To Change**

Items in ( ) are served to children in the Rock N Roller, Creeper, & Scooter rooms.

Unflavored Whole (Age: 1) or 1% Milk Served (Ages:2-8)

**WG = Whole Grain**