## **Child and Adult Care Food Program Menu Record**

Week of: October 6-10, 2025

|   | <sup>1</sup> Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |
|---|--|---|--|---|--|
| <b>Breakfast</b> Milk Grain or Meat alternative Fruit/Vegetable   | <b>WG</b> Toasted Oats<br>Bananas<br>Milk                  | <b>WG</b> Banana Muffin<br>Mandarin Oranges<br>Milk   | <b>WG</b> Bran Flakes<br>Pineapple<br>Milk                         | English Muffin with<br>Jelly<br>Applesauce<br>Milk                        | Crisp Rice<br>Bananas<br>Milk                                      |
| Ranger Room<br>Breakfast  | <b>WG</b> Toasted Oats<br>Bananas<br>Milk                  | WG Shredded Wheat<br>Mandarin Oranges<br>Milk         | <b>WG</b> Bran Flakes<br>Pineapple<br>Milk                         | Cornflakes<br>Applesauce<br>Milk  | Crisp Rice<br>Bananas<br>Milk                                      |
| Lunch Milk Meat or Meat alternate Fruit and/or vegetable (at least two) Grain   | Cheese Pizza<br>Carrots<br>Grapes<br>(Mixed Fruit)<br>Milk | Chicken Nuggets<br>Mashed Potatoes<br>Corn<br>Milk    | Salisbury Meatballs<br>Buttered Noodles<br>Peas<br>Peaches<br>Milk | Warm Chicken Bacon<br>Ranch on a Tortilla<br>Green Beans<br>Pears<br>Milk | Sweet and Sour Pork  WG Brown Rice  Broccoli  Tropical Fruit  Milk |
| Preschool AM Snack PM Snack Any 2 of the following components: Milk Fruit, vegetable, or 100% juice, grain, meat/meat alternate | Dill Oyster Crackers<br>Milk                               | Pretzels with Onion<br>Dip<br>(Thin Pretzels)<br>Milk | Tortilla Chips<br>(Crackers)<br>Milk                               | WG Graham Crackers<br>with Pumpkin Dip<br>(Original Grahams)<br>Milk      | Trail Mix<br>Goldfish, Toasted Oats,<br>Chex, Raisins<br>Milk      |

## Menu Subject To Change

Items in ( ) are served to children in the Rock N Roller, Creeper, & Scooter rooms.

Unflavored Whole (Age: 1) or 1% Milk Served (Ages:2-8)

WG = Whole Grain

<sup>1</sup> Fall 2025 Week 6

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