

# Child and Adult Care Food Program Menu Record

Week of: July 6-10, 2026

|                                                                                                                                          | Monday                                                            | Tuesday                                                                             | Wednesday                                                                                                 | Thursday                                              | Friday                                                                                             |
|------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|-------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| <b>Breakfast</b><br>Milk<br>Grain or Meat alternative<br>Fruit/Vegetable                                                                 | <b>WG</b> Raisin Bran<br>Bananas<br>Milk                          | Scrambled Eggs<br>Mango and<br>Watermelon<br>Milk                                   | Cornflakes<br>Pineapple<br>Milk                                                                           | Pancakes<br>Apricot Applesauce<br>Milk                | Crisp Rice<br>Oranges and Bananas<br>Milk                                                          |
| <b>Lunch</b><br>Milk<br>Meat or Meat alternate<br>Fruit and/or vegetable (at<br>least two)<br>Grain                                      | Tuscan White Bean<br>Pasta Bake<br>Cauliflower<br>Peaches<br>Milk | Cheesy Mexican<br>Chicken<br><b>WG</b> Brown Rice<br>Corn<br>Fruit Cocktail<br>Milk | Ham and Cheese On<br><b>WG</b> Bread<br>Baby Carrots<br>(Cooked Carrots)<br>Apple<br>(Applesauce)<br>Milk | Beef and Corn Rotini<br>Bake<br>Peas<br>Pears<br>Milk | Pork Carnitas<br>Soft Tortilla<br>Cheese and Lettuce<br>Mixed Vegetables<br>Tropical Fruit<br>Milk |
| <b>Snack PM Snack</b><br>Any 2 of the following<br>components: Milk<br>Fruit, vegetable, or 100%<br>juice, grain, meat/meat<br>alternate | Seasoned Oyster<br>Crackers<br>Milk                               | Pretzels<br>(Thin Pretzels)<br>Milk                                                 | Animal Crackers with<br>Fruity Dip<br>Milk                                                                | <b>WG</b> Cheesy Toasted<br>Oats<br>Milk              | <b>WG</b> Zucchini Muffins<br>Milk                                                                 |
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Menu Subject To Change

Items in ( ) are served to children in the Rock N Roller, Creeper, & Scooter rooms.

Unflavored Whole (Age: 1) or 1% Milk Served (Ages:2-8)

**WG** = Whole Grain